

Suicide Risk Assessment – 2-day workshop

Day I – DETECTION AND FRAMEWORK

- Introduction
- Statistics
- Terminology
- Myths about suicide
- Detection and engagement
- Risk Factors
 - Group work – case studies
- Protective Factors
- Warning Signs
 - Group work – case studies

- Determining Suicide Risk Level and interventions
 - Video illustration: Assessing Suicidal Risk

- Framework for Suicide Risk Assessment
 - Mental Health Assessment including Mental State Exam
 - Suicide Risk Assessment
 - Immediate management
- The issue of confidentiality
- Referral structure
- Resources:
 - Crisis services
 - Other services
 - Websites
 - Support groups

Day II - MANAGEMENT OF SUICIDE RISK

- Management plan and documentation
- Re-assessment of suicide risk
- Discharge from service
- Contingency plan
- Management of suicide risk in the community
- Cultural competence in working with suicidality and interpersonal trauma
 - Video illustration - Group work
- Management of chronic suicidal behaviours
- Suicidal behaviours versus self-injurious behaviours
- Managing suicidal behaviours in clients with Borderline Personality Disorders
- Closure