



Applications are now open for a unique program offering psychodynamic skills training, clinical supervision and face-to-face client experience, working as a volunteer counsellor for Mandala Community Counselling Service.

Psychodynamic Counselling Skills Course

This course involves both psychodynamic theory and supervised counselling experience. Trainees gain over 180 hours of supervised counselling experience.

Prerequisites: Applicants must hold a qualification in psychology, counselling or social work or equivalent, and must be eligible for membership for PACFA, Psychologists Registration Board, AASW or equivalent.

Prior knowledge of the Psychodynamic model is not essential. However applicants must possess a high level of basic counselling skills (e.g. Egan's model / Rogerian counselling) which will be assessed at an interview.

Theory sessions are held over 7 Saturdays.

3 Saber St, Woollahra.

Session 1: 21.03.20

Session 2: 4.04.20

Session 3: 18.04.20

Session 4: 2.05.20

Session 5: 16.05.20

Session 6: 30.05.20

Session 7: 13.06.20

Assessment: 27.06.20

Make a difference

Give back to your community. Mandala Community Counselling is a volunteer-run counselling service that provides high quality, low-cost counselling to those most in need people within the Sydney area.

Successful applicants will need to complete an intensive training course that provides a comprehensive grounding in psychodynamic theory and application, combined with practical skills training.

Clinical experience & supervision

Trainees who pass the theory component will begin seeing clients and join a supervision group. Times of counselling (2 hrs per week) are open to negotiation, according to availability of premises.

Supervision group times (2 - 3 hrs per fortnight) are by negotiation with the Clinical Supervisor and the group. This equates to over 180 hours of supervised counselling experience.

Attendance at supervision sessions is a compulsory component of the program.

What does it cost?

Psychodynamic theory and skills training (45 hours face-to-face and video): \$1,950. (Early Bird: apply before 17 January and pay \$1,790)

Textbooks & materials: \$190

Fortnightly Clinical Supervision: \$75 per session

How do I apply?

Places are strictly limited. For more information, please contact: Val Javen at training@mandalacounselling.org.au or visit www.mandalacounselling.org.au